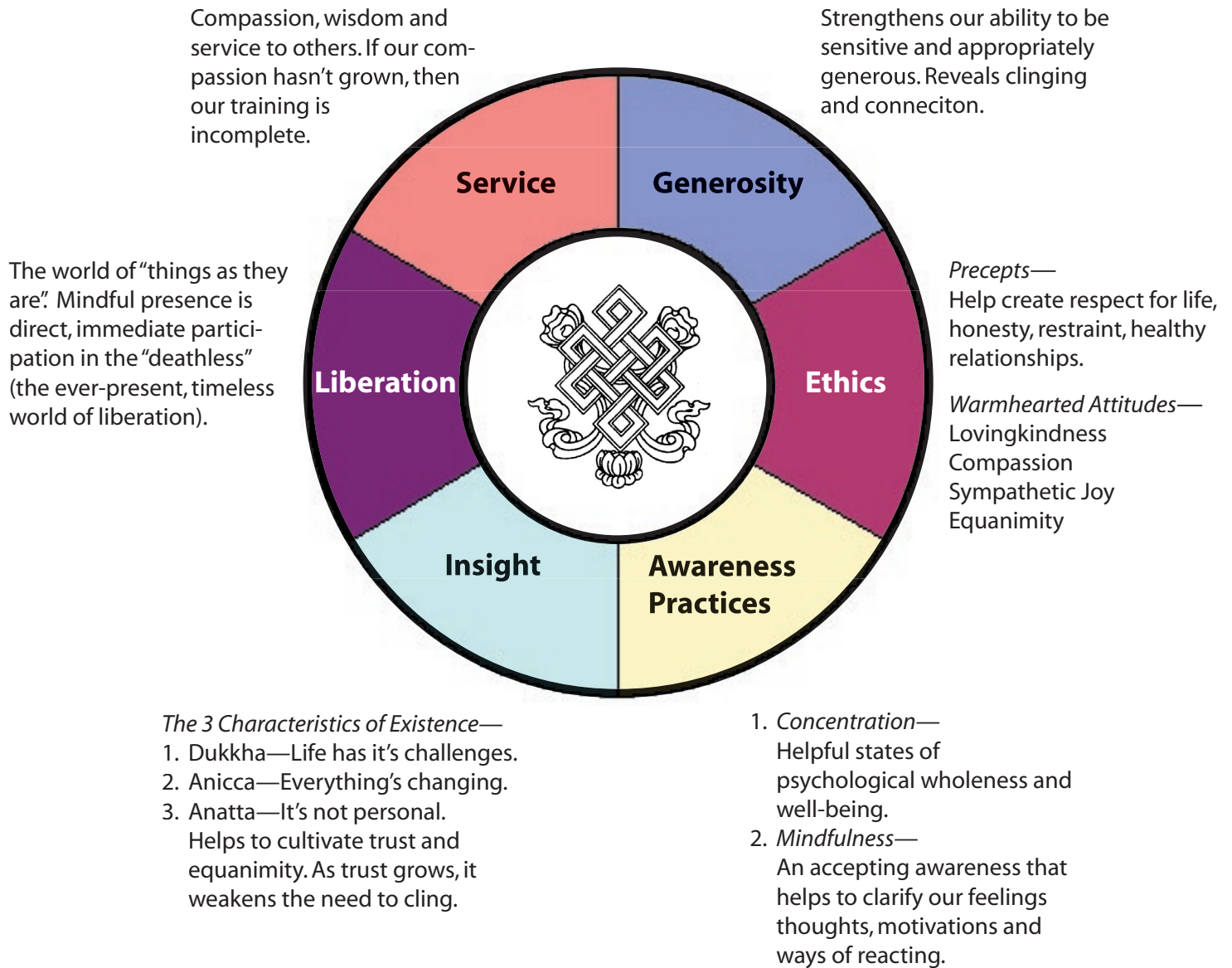


# Theravada—The Way of Liberation

## A Gradual Training



Source: Gil Fronsdal  
Graphic: Eileen Phillips